

## The new Teenage – Europe

### **Manuscript** **Youth Line in Lithuania** **YLE, Finland**

**Presenter:** A problem in Lithuania is that many a young person feel depressed. The suicide rates among young people are some of the worst in the world. But it's getting better. Now there is for instance a Youth Line in Lithuania, which you can call or e-mail if you feel down.

#### **Team:**

Reporter: Janne Lindberg  
Camera: Eugenijus Kryzanovskis  
Sound: Vidmantas Blazys  
Editing: Markku Pulkkinen  
Place of shooting: Vilnius, Lithuania

#### **Music**

00:00-00:31  
01:29-01:48  
03:20-04:17  
Tune: Pasoul  
Composed by: unnamed  
Performed by: DSK  
Record company: Kool Kat  
Record ID: KKAT 007

Duration: 4'16

**Translation  
Youth Line in Lithuania  
YLE, Finland**

<p>Exhibition (drawings, audience) (the exhibition is going on during the spring of 2004)</p>	<p>00:00 Speak Right now you can visit an exhibition in Vilnius, the capital of Lithuania. Children and young people in the age 4 to 19 have made drawings about what it is like to be happy.</p>
<p>Voice of anonymous 16-year old girl, pictures of a nightly stroll</p>	<p>00:20 Speak Unfortunately not everyone in Lithuania is happy.</p> <p>00:25 - voice I want to die, although I lack nothing. I have everything - a family, love, warmth. I am 16 years old. Experiencing joy is not enough for me. I have to find something more. But I don't know what. I don't know myself, what I want out of life. Yes, I want to die. I was thinking of doing like this: one day I leave this world completely unexpectedly. And everybody wonders why I did it. Because I'm not acting. At this moment I am powerless before the world, before life in whole.</p>
<p>Paulius Skruibis, Director of Youth Line</p>	<p>01:08 - 100% This was an e-mail from a girl, 16 years old, and we try to answer her that there are moment really in life when you would feel not only good feelings, not only good things, but that you have also to be open for sad moments. We receive lots of similar questions.</p>
<p>Street shots</p>	<p>01:32 Speak Anybody can call or e-mail the Youth Line. Those who answer the calls and the e-mails are also young and they are working as volunteers.</p>
<p>Simona Savastaite, a new volunteer (19 years)</p>	<p>01:43 - 100 % The main principle of the discussions is the let people talk about their problems and we listen. We strive to calm them down and try to make them realize themselves, how they could make their lives better.</p>

<p>Marija Bagdoniene, volunteer</p>	<p>01:56 - 100%  They call us about all kinds of things. Most common are relationship problems. Young people have troubles with their girl- and boyfriends. Couples argue. Parents call and tell us that they don't understand their children. Some people complain that they have lost the meaning of life. We discuss alcohol and drug problems. Some people tell us that their lives are so hard, that they have been thinking of committing or tried to commit suicide.</p>
<p>Lecture</p>	<p>02:39 - Speak  Here new volunteers are being trained. To listen to the problems of others is naturally hard, still many young persons want to work here.</p>
<p>Simona Savastaite, a new volunteer</p>	<p>02:48 - 100%  Firstly I want to help other people. Secondly I know that I get something out of this work. I learn to know myself better.</p>
<p>Paulius Skruibis  Director of Youth Line</p>	<p>02:59 - 100%  Actually we say that it's not a big difference between those who write or call us and those who answer calls and answer messages. Because the age is more or less the same. Maybe the one difference that our volunteers are more prepared to help someone, but they in a way are the same people.</p>
<p>Exhibition (drawings, audience)</p>	<p>03:21 - Speak  The Youth Line has participated in organizing the exhibition. And maybe one of those who have drawn these pictures, is someone who has received help from the Youth Line.</p>
<p>Marija Bagdoniene, volunteer</p>	<p>03:30 - 100%  Sometimes we get pleasant calls, where people thank us for earlier conversations. They liked our advice and tell us, that we were of great help.</p>
<p>Paulius Skruibis  Director of Youth Line</p>	<p>03:42 - 100%  They tell about love, about relationship with the friends, with parents. If you look at the problems I think it's not a very big difference between like Finland, Lithuania or Estonia or some other country.</p>

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